



SUMMER 2020 CRUISES

France is beautiful from the Sea.

Glénah, The Ponant Islands, France





Dear Guests,

The period we have just experienced will have had one merit: to have given us an immense faith in renewal. This necessary downtime to ensure everyone's safety has allowed us to test our ability to adapt and rally to offer you travel experiences that meet your expectations in a transformed world.

Summer 2020 will be special. It will be one of reunion with family and friends. It will be one of taking time for those close to us, and also for ourselves; to re-energise, to breathe. It will be that of the rediscovery of our lands and of what is around us.

Of one thing we are sure: France is beautiful viewed from the sea. This summer will be an opportunity to witness this with new itineraries along the Atlantic and Mediterranean shores. As a return to our roots, we will take you to the Ponant Islands. We will show you the coastlines of the Côte d'Azur as a way of recognising our home region.

We will head for unspoiled coasts and characteristic islands, from the cliffs of Étretat to Corsica. We will experience the sea as we do on expedition cruises, fulfilling the desire for the great outdoors and open spaces.

More than ever, we want this summer's holiday to be synonymous with peace of mind. For this, we have defined new health protocols. The small capacity of our vessels has always meant we can optimise and ensure your safety. Thus, no cases of covid-19 were detected on board. Today, thanks to the commitment of our medical teams and the training of our crews, we guarantee you a maximum level of safety so that you can enjoy your cruise in serenity.

We look forward to meeting you,

Jean Emmanuel Sauvé



Why travel with PONANT this summer?

This summer, PONANT will help you see the French coastal regions in a new light. Visit unspoiled landscapes of natural beauty and uniqueness, where time seems to stand still. Take up the promise of shared memories to ever be cherished, in optimally comfortable conditions.

A journey of serenity from A to Z

BEFORE AND AFTER THE CRUISE



DURING THE CRUISE



POSSIBLE LINKS AND FACILITIES

- If you come by car: provision of secure car parks at preferential rates at the various departure ports, transfers to or from the port included.
- Travel limited to France, to facilitate access to our ships
- The possibility of reserving *à la carte* services ashore before or after the cruise to compliment your holiday.

- An all-inclusive package: accommodation, catering, drinks, entertainment (excluding scuba diving), outings and landings in a zodiac, conferences, etc...
- High-end comfort and personalised service
- Compliance with strict health protocols (wearing a mask, distancing measures, disinfection of staterooms and common areas, etc...)

The connection between the different ports and between the Atlantic and Mediterranean shores is simple and rapid. Take advantage of preferential rates by chaining several cruises, with the guarantee of keeping your cabin from one cruise to another on the same ship.

A changed reservation policy

- **Flexible payment conditions:** 10% deposit paid on booking and balance 7 days before your departure.
- **Cancellation without need for justification and without fees up to 72 hours before departure by simply sending an email to reservation@ponant.com:**
 - Have 100% of the sums paid valid for a new reservation, within 24 months of the initial departure, excluding any incurred air costs,
 - or
 - Refund of the amounts paid.



Discovering France by sea

- Iconic places to discover by sea
- Unique and exclusive opportunities that arise while sailing: landing in wild unspoiled locations, unforgettable sunsets, etc... Real PONANT moments, unpredictable but guaranteed
- Educational and in-depth themes on board for special cultural moments, with the presence of naturalist guides, lecturers and guests of honour
- Zodiac outings and landings, just as with the expedition cruises, to discover places in a different way, on untamed islands, deserted coasts, isolated locations
- Activities in the heart of unspoiled natural areas: observation of fauna and flora, shore excursions, diving, etc...

Quality enrichment on board



The art of French living:
gala dinners, full service dining, tasting sessions, classic vintages: the best of French food and drink



Activities:
outings and landings in a zodiac with a team of naturalists, kayaking, diving, snorkelling, paddle boarding from the ship's marina*



Culture:
our prestigious partners and special guests on board with us



Entertainment:
shows, games, conferences, cooking and wine demonstrations, musical interludes, Kid's Club (4 to 17 years)



Well-being:
spa, massages, sun deck, swimming pool, fitness, gymnastics class (muscular awakening, stretching, abs-glutes, etc...)*



The expertise
of French partners such as regional tourist offices

*Scuba diving and snorkelling trips are available on certain sailings and subject to weather conditions. Activities and access to wellness areas dependent on new government provisions in force.

These itineraries could be imagined and worked out thanks to the close collaboration between PONANT and these magnificent regions that we invite you to (re)discover.





PONANT and culture

Culture has always been part of our travel philosophy. It is a state of mind that we share with partners of excellence and prestigious guests that allows us to offer you various themed cruises. This summer again, thanks to these unique collaborations, music, art, gastronomy and the mainstream media come aboard for special interaction opportunities.

Included are musical trips, accompanied by some of the most talented artists, perspectives from Mucem curators on Mediterranean stops, occasions for gastronomic sharing between enthusiasts and Relais & Châteaux, geopolitical discussions and social debates with journalists from *Le Point*, *Le Figaro* or from *GEO*, etc. This summer, our renowned partners will highlight the richness of the lands and the natural and cultural heritage of the Atlantic and Mediterranean coasts.

Like us, they share this pride in promoting the French art of living. Through conferences, informal discussions, workshops, tastings, concerts and events, rediscover the pleasure of a cultural cruise combining passion for travel with a thirst for knowledge.



"With this partnership, we are happy to offer our customers a unique experience and the best of gastronomy across the Seven Seas. We share with PONANT fundamental values: ethics, commitment, dependability, which are illustrated in particular in the promotion of local cultures, the respect for heritage, and protection of the environment and nature. The requirement for ethical cuisine is our leitmotif. The ocean must now be considered one of the most precious ecosystems on our planet." Philippe Gombert, President of Relais & Châteaux.



"The partnership with PONANT was built naturally upon the realisation that we share the same values of lifestyle, elegance and excellence. We can offer exclusive cruises with high added value. Le Figaro has many strings to its bow. With an editorial staff of 500 reference journalists, we can enrich the cruise programmes on practically all topics." Anne Evvard, Director Figaro Croisières.



Exclusive partnership with

Mucem

“ The Mediterranean is an area
of constant interaction ”

The Mediterranean Sea has always been a crossroads through which humans have forged partnerships, brought about new ways of trading, meeting and confronting each other. It is nothing less than an interlacing of Connectivities, as pointed out by Adrien Joly, Director of External Relations and Resource Development at Mucem (Museum of European and Mediterranean Civilisations).

Can we talk of a Mediterranean identity?

The Mediterranean is at the very heart of Mucem's scientific and cultural project. We are a museum of civilisations, and the Mediterranean is our territory. With our permanent Connectivities gallery, we consider the Mediterranean to be an area of constant interaction. We have based this on the thesis of Fernand Braudel, the great thinker of the Mediterranean, for whom, in the 16th century at a time when terrestrial communications were complicated (marshes, mountains, rudimentary and risky road networks, etc...), ships were a lot faster. All the great Mediterranean civilisations developed on the coasts, through port cities.

What role has the Mediterranean Sea played in the interaction between peoples?

These cities were nodes of communication between land and sea, both in the Mediterranean and also with other continents. All the richness of the Mediterranean is directly linked to this.

Each event that occurred in one place had almost direct repercussions on the other shores, even if at the time, there were two opposing worlds: those of the Christians and of the Ottomans. The Mediterranean people were not necessarily great navigators, but were above all excellent traders. It is a civilisation

of interaction and, via trade, we have witnessed cultural exchanges, due also to the curiosity of the Mediterranean people.

What is the advantage in visiting the Mediterranean on a cruise?

The incredible thing about taking a cruise is that you can really understand the distance between each site. This allows a reading of History based on feelings. It is a rather unique experience because today, apart for on a cruise, our way of moving around is not the same. We take a plane from point to point, so we have a different notion of time. With boats, we can better understand the connections between the cities.



Meet the Mucem curators during cruises from Marseille on 4 July, 5 and 19 September and 3 October 2020.

“What is the point of culture?
To live! ”



Alain Duault

Passionate music lover, long-time journalist at Radio Classique, Alain Duault dreams up the artistic staging of PONANT's musical cruises. They will have special resonance for him this summer...

“We need beauty, togetherness, rediscovery of the taste for life, of moving, of breathing. We need to believe again in the sharing of emotions, to look at Nature as an unknown, to listen to music with this native virginity which is a source of wonder. This is why, after our weeks of confinement, I am anxious to again meet this public with whom I like to share my passions, I want to rediscover these artists whose emotional sensitivity is essential to me.”

Nature and Culture: two essentials

“I believe that Nature and Culture are the two essentials of life: PONANT unites them. Nourish the eyes from a thousand landscapes whose secrets are revealed to us - and nourish the ears from a thousand musical sounds which, like mirrors, reveal to us our own secrets: these are two imperative necessities in our era, too often concerned only with maximum profitability! PONANT has acquired an image of excellence which is also due to this famous “soul supplement” that culture brings, and which transforms these superb vessels into forms of clubs where we enjoy sharing and feeling better. What is culture for? It is of no use - and yet it is used to live!”

A rejuvenated adventure

“The company's summer slogan, *France is beautiful viewed from the sea*, sums up in three words what makes PONANT so special. First of all, the word *France* reminds us that it is the French flag that flies from our vessels, and that we are devoted to gastronomy, culture and the French art of living. Then the word *beautiful* reminds us that the demand for beauty is what brings the crews, artists and passengers together with one spirit, to pay tribute to that which overwhelms us and defines who we are. Finally the word *sea* reminds us that this cruise adventure links us to this great vastness that carries us and which, with its rhythm, is the symphonic image of this desire for the absolute that connects us to eternity.”

— THE SUMMER 2020 MUSIC PROGRAMME —

Embark on musical cruises with various guests. Alain Duault has brought together groups of renowned artists for lyric or instrumental cruises, in the company of the sopranos Béatrice Uria Monzon or Fabienne Conrad, the mezzo-soprano Karine Deshayes, the harpist Anaïs Gaudemard, the violinist Nemenja Radulovic or the cellist Ophélie Gaillard. The captivating chords of classical music and jazz will also be in the spotlight with Naïditch Trio, as will Belgian artists, such as the soprano Jodie Devos and the pianist Eliane Reyes.

And in a different key... Escape with the Celtic sounds of the groups Ewen Delahaye Favennec, Vindotale and Skilda. Sway to the flamenco rhythms of Chico & the Gypsies. Be charmed by the Broadway at Sea troupe which revisits the classics of musical comedies.

Take part in a lyric or instrumental cruise with departures from Bordeaux on 5 September, from Saint-Malo on 11 July, from Le Havre on 18 July, and from Nice on 8 and 15 August and 3 October 2020.



Set out to sea with... Michel Cymes and Patrick Poivre d'Arvor



Michel Cymes, doctor, surgeon and host of health shows, and the emblematic Patrick Poivre d'Arvor, TV presenter of the 8pm news in France for over 30 years, will be present on certain sailings this summer. With us, they shared their desire to go to sea alongside you.

Why are you participating in this summer season?

Michel Cymes: The sea is the only place in the world where I can really “unwind”. To be at sea, to look at the horizon, to think of nothing... a priceless luxury. The PONANT experience has shown me that I can rediscover this magical feeling when cruising on wonderful vessels, of unbelievable class, and above all on a modest scale.

Patrick Poivre d'Arvor: I really liked this excellent idea of travelling the French coastline, promoted by the company with which I have long had an association. We are emerging from difficult times. So, as Shakespeare said: “*What cannot be eschewed must be embraced*”. So let's take a look at the magnificent coasts of our country.

What is the importance of associating a cultural dimension to travel?

Michel Cymes: My brain sometimes demands to function more than just passively watching the waves, and I would like to share my media and medical experience with the other passengers. In a sumptuous setting and without the formal aspect of classic conferences, the exchanges, questions and debates enrich me as much, I hope, as the spectators.

Patrick Poivre d'Arvor: France is a country of culture. And there is nothing better than summer idleness for enrichment through learning. I will offer lectures on artists and writers, drawing on the experience of my thirty years of literary programmes. And I will answer all your questions.

France is beautiful viewed from the sea: what does that inspire in you?

Michel Cymes: The health crisis that we have just experienced is rich, very rich, with lessons that Nature can teach those who believed or thought they knew it all.

Patrick Poivre d'Arvor: I have crisscrossed the length and breadth of French coasts, and I can assure you that each time they have been a marvel to behold. Even the well-travelled among you will be surprised... And this is the vice-president of the Marine writers who is speaking!

Meet Michel Cymes on board, sailing from Marseille on 25 July 2020, and Patrick Poivre d'Arvor, sailing from Nice on 25 July and Bordeaux on 15 August 2020.

Our guests of honour

Each year, we welcome no less than 50 guests of honour from different backgrounds. This summer, artists, writers, journalists and scientists, all experts in their fields, will accompany you as well as share their knowledge and interact during moments to be treasured. Here is a taste of their participations and their perception of “France viewed from the sea”.



Alain Baraton

Head gardener of the national park of Versailles and the National Estate of Marly. *“Seeing the land from a ship reminds me of the sailors of centuries gone by who set foot in unknown lands. They could not imagine what was hidden behind the dunes, cliffs or forests. From the sea, the coast is pure mystery and beauty.”*



Christophe Barbier

Journalist and editorial writer, editorial director of *L'Express* from 2006 to 2016. *“Despite Jean Bart and Surcouf, the French have always looked more towards the land, more eager to invade the continent than to explore the oceans! However, it is by exploring the world that you learn about yourself: this is why you have to look at France from the sea!”*



Nicolas Bouzou

French economist and essayist, graduate of the Paris-Dauphine University and a Master of Finance from IEP Paris. *“In recent years I have had the chance to travel a lot in America and Asia. But I have to say, I have never seen anything more beautiful, more surprising, or more varied than the French coasts.”*



Pascal Bruckner

Writer and member of the Goncourt Academy, author of 25 books, novels and essays translated in about thirty countries. *“France is beautiful in all aspects, all dimensions. After these terrible months, it is good to rediscover our country: we think we know it, but it remains largely foreign to us: the closest is often the most distant.”*



Chico and the Gypsies

Founded in 1992 by Jahloul “Chico” Bouchiki, the group Chico and The Gypsies performs worldwide. It comprises 7 guitarist-singer artists. Producer, artistic director, musician and co-author of international titles, Chico has also been a “UNESCO Special Envoy for Peace” since 1996.



François de Closets

A graduate of law and of the Institute of Political Studies, he pursued a double career as a journalist and writer. *“I have never been on a cruise along our coasts and admired the French littoral, one of the most diverse and most beautiful in the world. Yes, we are attracted by the exotic and we often pass by the wonders that are close at hand.”*



Fabienne Conrad

Initially a graduate of Sciences Po and piano, it was while debuting in the role of Violetta in *La Traviata* at the Rouen Opera that this young soprano was revealed to the French public and noticed by the music press. Quickly hired to sing the Countess (*the Marriage of Figaro*), Juliet (*Romeo and Juliet*) or Donna Anna (*Don Giovanni*), she also performed Verdi’s Requiem on numerous occasions.



Julia de Funès

Doctor of Philosophy and graduate of Higher Specialised Studies in HR, Julia de Funès founded her own organisation, Prophil Conseil, which works with large companies. She created and presented the daily programme “Le bonheur selon Julia” (Happiness according to Julia) broadcast on France 5 in 2012, and hosted a philosophy column on BFM Business for two years.



Jean-Louis Debré

Investigating judge then Minister of the Interior, President of the National Assembly then of the Constitutional Council, he now devotes himself to writing. *“To observe France from the sea is to marvel at the beauty of its maritime facades and their diversity. It is another way of understanding its history, of understanding its culture and its particularities.”*



André Dussollier

Actor, three times recognised at the César Awards, including that of best actor for his role in *On connaît la chanson*, in 1997. He has played with great filmmakers such as Alain Resnais, Jean Becker, Claude Sautet, Claude Lelouch and François Truffaut. He also treads the boards and received the Molière for best actor in 2015 for his role in *Novecento*.

Presence of artists subject to withdrawal in case of force majeure. Photo credits: Alain Baraton: Royalty-free, Christophe Barbier: Éric Garault for L'Express, Nicolas Bouzou: Jacques Witt-Sipa, Pascal Bruckner: Royalty-free, Chico and the Gypsies: Julien Reynaud APS Media, François de Closets: Catherine Gugelmann, Fabienne Conrad: rights reserved, Julia de Funès: Royalty free, Jean-Louis Debré: ©Studio Ponant, André Dussollier: DR



Franck Ferrand

Historian and author of a dozen books, for 15 years he hosted the programme “*Au cœur de l’histoire*” (At the Heart of History) on Europe 1. Since 2018, he is to be found on Radio Classique, with “*Franck Ferrand raconte*”. “*Joseph Vernet made a complete tour of the kingdom’s ports and harbours for Louis XV; we are going to make, not a Tour of France, but a tour AROUND France... By its seas.*”



Luc Ferry

Philosopher, politician and man of letters, associate of Philosophy and Doctor of State in Political Sciences. “*As a sailor from my earliest childhood - I had my first boat, a “Vaurien” at the age of 8 years old - I can assure you that France seen from the sea or its rivers offers unforgettable aesthetic experiences. Long live travel!*”



Patrice Gélinet

Historian, author, journalist, director of France Culture, member of the CSA, he has produced and created broadcasts such as “Le Grand Debat” and “2000 ans d’histoire”. “*Along the Breton coast ‘everything changes, except the sea which never changes in that it is always changing’, said Chateaubriand. To rediscover the joy of seeing from the sea, a country that I know predominantly from the land.*”



Franz-Olivier Giesbert

Successively Editorial Director for major press titles such as *Le Nouvel Observateur*, *Le Figaro* and *Le Point*, Franz-Olivier Giesbert has also hosted several literary and cultural programmes, and written numerous novels and biographies. “*From France, the sea is also beautiful: it is the end and the beginning of everything. ‘Even the glory of the river ends in the sea’, says a Russian proverb.*”



Pascal Gueret

Cardiologist, his research work focuses on non-invasive cardiac imaging and its clinical applications (coronary artery disease, hypertension, etc...). He has been published more than 200 times on these matters. “*To cruise is to have the pleasure of seeing the land from the sea. ‘Those who rush across the sea change the weather, not their hearts’ (Horace).*”



Serge Legat

Lecturer from the Ministry of Tourism, lecturer from the National Museums, professor of Art History. “*Seen from the sea or facing the sea, France has nourished and enriched landscape painting. The association of water, earth and sky imposes itself under the brush of the Impressionists who glorify a happy, prosperous and hedonistic France.*”



Christian Makarian

Joining *L'Express* in 1999, he was in charge of cultural affairs, interviews and debates, and then appointed Managing Editor. Author of several books, he works on radio and television, and offers an international column on LCI. *"France has the world's largest cultural heritage and has the second largest maritime domain in the world. France was born of the sea."*



Christine Ockrent

Journalist and writer, she was the first woman to present the news in 1981. Today she offers the "Affaires Étrangères" (Foreign Affairs) programme on France Culture. *"We are fortunate in France to be a country with innumerable coasts, offering such different landscapes that we can spend the entire summer admiring them. To see them from a boat is pure joy!"*



Erik Orsenna

Economist and cultural advisor to François Mitterrand, he also sat on the Council of State. Goncourt Prize for *L'Exposition coloniale* in 1988 (Seuil), he has published several novels and biographies. Committed to the circular economy and sustainable development, he chairs "Initiatives for the Future of Great Rivers", an international think tank.



Patricia Petibon

Coloratura soprano, pupil of Rachel Yakar at the CNSM in Paris and discovered by William Christie, Patricia Petibon now masters a repertoire that ranges from French Baroque to modern music, which she undertakes with Francis Poulenc and Alban Berg.



Nemanja Radulovic

Named "revelation of the year" in 2015 by the ECHO Klassik Prize, the Franco-Serbian violinist, Nemanja Radulovic, has shaken up the world of classical music through the virtuosity of his interpretations, the depth of his musical expression, as well as through his audacious repertoire, on stage and in the studio.



Béatrice Uria Monzon

Béatrice Uria Monzon is today THE great voice of French mezzo-soprano, but she is especially famous for being, for almost 25 years, the most famous Carmen in the world. She sang the role some 300 times, on all stages, from the Paris Opera to the Metropolitan Opera in New York, the Colon in Buenos Aires, to Japan, Russia, Spain and in Vienna.









Presence of artists subject to withdrawal in case of force majeure. Photo credits: Franck Ferrand: Sylvain Dumais, Luc Ferry: Dominique Fillon, Patrice Gélinet: DR, Franz-Olivier Giesbert: Kahn Renaud, Pascal Gueret: Royalty-free, Serge Legat: DR, Christian Makarian: Éric Garault, Christine Ockrent: DR, Erik Orsenna: Bernard Matussièrre, Patricia Petibon: Bernard Martinez, Nemanja Radulovic: Bayram Tarakci, Béatrice Uria Monzon: Philippe Gromelle.

All summer cruises

NATURE AND TERROIR OF NOUVELLE-AQUITAINE

Bordeaux - Bordeaux aboard *Le Bougainville* (or another vessel of the Explorer series)










Pages 14-15

DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
4 to 11 July 2020	Jean-Louis Debré	
11 to 18 July 2020	Naïditch trio	
18 to 25 July 2020	Eric Meyer 	
25 July to 1 August 2020	Alain Baraton	
1 to 8 August 2020	Cécile Corbel	
8 to 15 August 2020	Franck Ferrand	
15 to 22 August 2020	Patrick Poivre d'Arvor	
22 to 29 August 2020	Jean-Louis Debré	
29 August to 5 September 2020	Naïditch trio	
5 to 12 September 2020	Alain Duault & Jodie Devos - Musical cruise - Treasures of Belgian artists	
12 to 19 September 2020	Luc Ferry	
19 to 26 September 2020	Patrice Gélinet	

BRITTANY: BETWEEN WILD COASTS & Lighthouses

Saint-Malo - Saint-Malo aboard *Le Jacques-Cartier* (or another vessel of the Explorer series)

Pages 16-17

DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
4 to 11 July 2020	Cécile Corbel	
11 to 18 July 2020	Alain Duault & Nemanja Radulovic - Musical cruise	
18 to 25 July 2020	Pascal Bruckner	
25 July to 1 August 2020		
1 to 8 August 2020	Skilda & Vindotale	
8 to 15 August 2020	Christophe Barbier	
15 to 22 August 2020	Ewen Delahaye Favenne	
22 to 29 August 2020		
29 August to 5 September 2020	Patrice Gélinet	
5 to 12 September 2020	Alain Baraton	
12 to 19 September 2020	Eric Meyer 	
20 to 27 September 2020*	 - Gastronomy and Oenology	
















AUTHENTIC COASTS OF NORMANDY & BRITTANY

Le Havre - Le Havre aboard *Le Dumont-d'Urville* (or another vessel of the Explorer series)

Pages 18-19

DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
4 to 11 July 2020	François de Closets	
11 to 18 July 2020	Ewen Delahaye Favenne	
18 to 25 July 2020	Alain Duault & Béatrice Uria Monzon - Lyrical cruise	
25 July to 1 August 2020	Franck Ferrand & Serge Legat	
1 to 8 August 2020	François de Closets	
8 to 15 August 2020		
15 to 22 August 2020		
22 to 29 August 2020	Pascal Bruckner	
29 August to 5 September 2020	Christine Ockrent	

* The itinerary for this cruise is different from that presented, with a departure from Saint-Malo and arrival in Nantes. Please contact your travel advisor for more information.

DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
5 to 12 September 2020	Pascal Gueret	
12 to 19 September 2020	Gastronomy	
19 to 26 September 2020		
26 September to 3 October 2020		
THE HERITAGE OF THE MEDITERRANEAN COAST Marseille - Marseille aboard <i>L'Austral</i> (or another vessel of the Sistership series)		Pages 20-21
DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
4 to 11 July 2020	Mucem	
11 to 18 July 2020	Luc Ferry	
18 to 25 July 2020	Franck Ferrand	
25 July to 1 August 2020	Michel Cymes	
1 to 8 August 2020	Broadway at sea	
8 to 15 August 2020	Broadway at sea	
15 to 22 August 2020	Luc Ferry & Nicolas Bouzou	
22 to 29 August 2020	Chico & the Gypsies	
29 August to 5 September 2020	Alain Baraton	
5 to 12 September 2020	Mucem	
12 to 19 September 2020	Christian Makarian	
19 to 26 September 2020	Mucem	
26 September to 3 October 2020	Franz-Olivier Giesbert Le Point	
3 October to 10 October 2020	Mucem	
10 to 17 October 2020*		
WILD & SECRET CORSICA Nice - Nice aboard <i>Le Lyrial</i> (or another vessel of the Sistership series)		Pages 22-23
DEPARTURE DATES	GUESTS AND PARTNERS	KID'S CLUB
4 to 11 July 2020	Nicolas Bouzou	
11 to 18 July 2020	Julia de Funès	
18 to 25 July 2020	Luc Ferry	
25 July to 1 August 2020	Patrick Poivre d'Arvor	
1 to 8 August 2020	Franck Ferrand & Alain Duault & Erik Orsenna	
8 to 15 August 2020	Alain Duault & Fabienne Conrad - Lyrical cruise	
15 to 22 August 2020	Alain Duault & Ophélie Gaillard - Instrumental cruise	
22 to 29 August 2020	Patricia Petibon	
29 August to 5 September 2020	André Dussollier	
5 to 12 September 2020		
12 to 19 September 2020	Pascal Bruckner	
19 to 26 September 2020	François de Closets	
26 September to 3 October 2020	Alain Baraton	
3 October to 10 October 2020	Alain Duault & Béatrice Uria Monzon - Italian Opera	
10 to 17 October 2020	Jean-Louis Debré	



Kid's Club

On Kid's Club cruises, every day, specific activities dedicated to children and teenagers from 4 to 17 years old are supervised by a qualified and specialized activity leader.

* The itinerary for this cruise is different from that presented. Please contact your travel advisor for more information.

Nature and Terroir of Nouvelle-Aquitaine

BORDEAUX - BORDEAUX

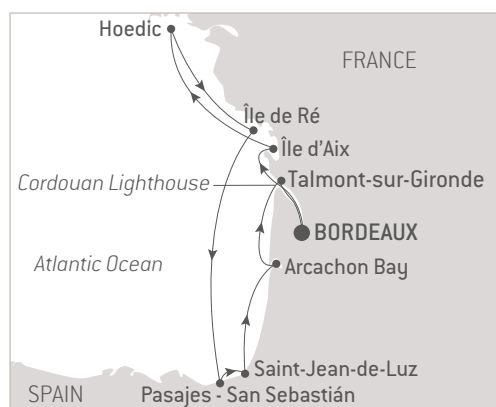
8 days / 7 nights

Aboard *Le Bougainville* (or another vessel of the Explorer series)

Departures weekly between July and September.

Price from € 2,990 ⁽¹⁾

No single supplement ⁽²⁾



It was only right that we should start from “the city of wonders” for this itinerary to (re)discover iconic Atlantic coasts, combining gastronomic and natural heritage.

The Bordeaux vintages are matched by the oyster villages of the Arcachon basin. Surrounded by the equally famous dunes of Pilat and Cap Ferret, “the Bassin”, as the locals call it, cultivates a delicate art of living in an exceptional natural environment.

This gentle ambiance is to be found in Saint-Jean-de-Luz or on the island of Aix. Last French island frequented by Napoleon before his exile in Saint Helena, along with Hoëdic Island it gives a particular note to this cruise. Both are part of the Ponant Islands, which inspired the name of our company 30 years ago.

Sailing close to the Cordouan lighthouse in the Gironde estuary or encountering the salt marshes and the many birds of the Île de Ré, which find refuge in the Lilleau des Neiges national nature reserve, are witnesses to the intoxicating force of nature. The tides transform these landscapes of raw beauty at regular intervals, fish-filled waters abound, and a feeling of peace dominates.

Itinerary given as an indication, the Captain reserves the right to modify it for meteorological or regulatory reasons.



FOCUS ON... THE PONANT ISLANDS

- Ponant literally means “where the sun settles”.
- The Ponant Islands archipelago includes 15 islands lapped by the English Channel or by the Atlantic Ocean.
- Among them, nature lovers are charmed by the island of Hoëdic. They appreciate its grey dunes, its white sandy or pebble beaches and its rocky coasts.
- Of the Ponant islands, the island of Aix is the most southerly. It is known for being home to a group of fortifications whose line was designed by Vauban, and for having been the last of French land to be trodden by Napoleon 1st.
- But the island of Aix is especially famous for its proximity to Fort Boyard. Built in the 19th century, it is a superb illustration of the ingenuity of generations of builders.



The Cordouan lighthouse



INTERVIEW

“AT THE CORDOUAN LIGHTHOUSE, WE LIVE WITH THE OCEAN”

Pierre Cordier is one of the six keepers of the Cordouan lighthouse, the oldest French sea lighthouse still in activity, located at the mouth of the Gironde estuary. 67.5 metres high, it has guided ships since 1611. See you at the top!

A unique lighthouse

“The Cordouan lighthouse is one of the oldest lighthouses in the world. It is unique for its very particular chapel and architecture, between Renaissance and Baroque. It is a historic beacon: it served as religious propaganda in favour of Catholicism in the face of Protestantism, royal propaganda to establish the legitimacy of Henri IV, and finally French propaganda. Less than 200 years before its construction, the English dominated the region. With Cordouan, France has reaffirmed its power.”

An ambition: Unesco

Classified as a historic monument in 1862, the lighthouse aims to be added to the UNESCO heritage list. The verdict is expected by the end of 2020. “This could draw attention to the importance of this heritage and, more broadly, to the heritage of all lighthouses in France. We have an impressive architectural diversity of lighthouses, which needs to be preserved.”

To the rhythm of the sea

“Here, we live with the elements. Our days are dictated by the small or large tides and by the sea, whether good or bad... We live and work with the ocean and the estuary.”

Read the entire interview online: <https://escales.ponant.com/en/>

Brittany: between wild coasts & lighthouses

SAINT-MALO - SAINT-MALO

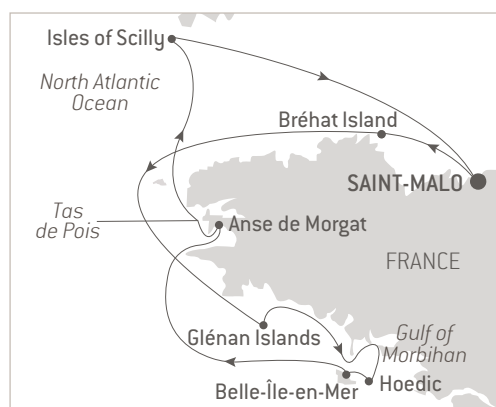
8 days / 7 nights

Aboard *Le Jacques-Cartier* (or another vessel of the Explorer series)

Departures weekly between July and September.

Price from € 2,990 ⁽¹⁾

No single supplement ⁽²⁾



"I love Brittany, there I find the wild, the primitive. When my shoes resonate on this granite floor, I hear the dull, muffled and powerful sound that I seek in painting". At the end of the 1880s, Paul Gauguin succumbed to the charms of this region, as emblematic as it is true. While it is not Polynesia, another province dear to the painter, it has equally exotic charms. Among the Ponant Islands, proof comes in the form of the diversity of wild flora on the island of Bréhat, the crystal clear waters of the Glénan archipelago, and the Pointe des Poulains, an uninhabited and cut-off peninsula at the northwest end of Belle-Île-en-mer.

Like sentinels at the outposts, watching for the heaving of the ocean, the lighthouses leave their stamp on this region. The Breton coast holds the world record for the greatest concentration of these lookouts, which untiringly guide sailors to safe harbour. The famous "lighthouse route" also give you the chance to admire their many particularities. They also mark the entrance to the abers, or rias (Celtic and Spanish/Galician words for estuaries). Born out of the meeting between the rising tide and the vegetation, they reveal inspirational landscapes. In France, this phenomenon exists only in Brittany!

Itinerary given as an indication, the Captain reserves the right to modify it for meteorological or regulatory reasons.



FOCUS ON... BELLE-ÎLE-EN-MER

- At 85 km², the well named Belle-Île-en-mer, is the largest of the Ponant Islands.
- Untamed landscapes shape the north of the island. The Pointe des Poulains with its chiselled cliffs, or the cove of Ster-Ouen which hides below the green hilly terrain leading to a sandy beach, are the most striking examples.
- In 1894, enchanted by the beauty of the Pointe des Poulains, the tragedian Sarah Bernhardt acquired the dilapidated military fort sitting there and transformed it into a holiday resort. Of Belle-Île-en-mer she came to write: "I like to come to this picturesque island every year, to taste the charm of its wild and grandiose beauty."
- In the northwest of the island, the port of Sauzon or "port fleuri" (flowery port) also charms visitors. It nestles in the extension of the Sauzon river estuary. Its name, coming from the Breton "Saozon" originates with the settling of the Saxon pirates in the 3rd century who made it a base from where they could plunder the mainland coasts.





The pointe des Poulains, Belle-Île-en-Mer



INTERVIEW

THE GLÉNAN ISLANDS, “PARADISIACAL LANDSCAPES, THE SMELL OF BRITTANY AND MORE”

Florian Richard, captain aboard our vessels, tells us about this exceptional Breton archipelago...

A paradisiacal archipelago

“Of course, the best way to discover the Glénan archipelago, made up of seven islands and around thirty islets, is by sea. When you get close, you are struck by the turquoise water, the paradisiacal landscapes, the smell of Brittany, and more! With its crystal clear waters, its lagoon and its white sandbanks, this archipelago is the Tahiti of southern Brittany!”

Highlighting our heritage

“When visiting the Glénans with PONANT, passengers rely on Captains who know this coastline very well. Our expertise in this region is first class, and we know how to use it to seize the opportunities for unscheduled stops. Showcasing our natural heritage will be the name of the game.”

Getting away from it all in your own country

“We are used to sailing to the other side of the world, but I am delighted to be able to do so in France. We always seek to go further afield and we know little about our own country and our own coasts. However, in France we have wonderful islands, beautiful waters, regions to rediscover. It’s great to be able to get away from it all... in your own country.”

To learn more about the Glénan archipelago, visit <https://escales.ponant.com/en/>

Authentic coasts of Normandy & Brittany

LE HAVRE - LE HAVRE

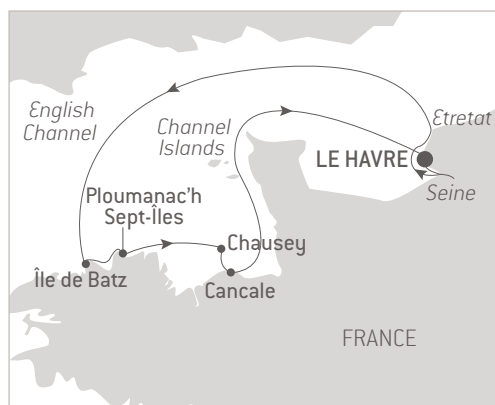
8 days / 7 nights

Aboard *Le Dumont-d'Urville* (or another vessel of the Explorer series)

Departures weekly between July and September.

Price from € 2,990 ⁽¹⁾

No single supplement ⁽²⁾



Taking a new look at iconic areas is the essence of this itinerary to discover the natural wonders of the Normandy and Brittany coasts.

From Le Havre, navigating the Seine reveals as many heritage treasures as green landscapes. At the foot of the Étretat cliffs, we see the strength of the elements, which have for millennia sculpted the limestone and shaped a breathtaking landscape. Along the Pink Granite coast, the naturalists on board will reveal the secrets of the Sept-Îles archipelago, a protected site that shelters one of the two Breton colonies of grey seals and the Northern Gannets on Île Rouzic, the oldest private ornithological reserve in France. On the mainland, the picturesque old fishing village of Ploumanac'h offers multiple viewpoints of the coppery rocks, weathered by the assaults of the wind and the sea. We will then set sail for the Channel Islands after making a stopover in Chausey. In the open sea, some of the 360 islets of this archipelago belonging to the Ponant Islands, and the largest in Europe, hold their share of surprises as they emerge or slip away at the will of the tides. They flirt with the spray and offer a romantic, almost unreal vision arising from the sea.

Itinerary given as an indication, the Captain reserves the right to modify it for meteorological or regulatory reasons.



The Étretat cliffs



FOCUS ON... PLOUMANAC'H

- Former fishing hamlet whose natural harbour is one of the most sheltered in Brittany, Ploumanac'h is bordered by transparent waters and rocks responsible for the renown of the Pink Granite Coast.
- This idyllic setting earned it the title of favourite French village in 2015.
- 300 million years old, the pink granite rocks measure up to more than 20 metres high and have nicknames that are evocative to say the least: Napoleon's hat, lovers' hut, mushroom, etc...
- An icon of the village, the Ploumanac'h or Maen Ruz lighthouse, literally "red stone" in Breton, was built in 1860 using this rock with coppery reflections. Destroyed during the Second World War, it was rebuilt in 1946 with the help of the Beaux-Arts. The goal: to maintain harmony with the surrounding natural setting, classified shortly before the war.





Ploumanac'h - Perros-Guirec
in Côtes d'Armor



DID YOU KNOW?

Étretat, perfect impression

Poetry and living canvases. Perfect connection between the waters and the skies, the high limestone cliffs imbue the Alabaster coast with a feeling somewhere between immutability and agitation, peace and tumult.

At the end of the 19th century, Gustave Flaubert asked his disciple, Guy de Maupassant, to give him a detailed account of the coasts that line Étretat.

The latter, who spent part of his childhood in the region, gave a detailed account of each relief in the landscape. *"The little gate of Étretat looks, from afar, in the dark times which blacken it, like a huge elephant drinking from the sea"*, he wrote to his mentor. Some of these observations appear in passages from *Une Vie* and *Bouvard and Pécuchet*.

The Impressionists try to grasp the different nuances. Gustave Courbet and Claude Monet painted the shores of Étretat more than 50 times each, in all weathers. *"The cliffs here are like nowhere else"* noted Claude Monet.

"It was his territory", analyses Philippe Piguet, teacher and art critic, specialist in the painter. Between September 1885 and early 1886, the artist produced 37 paintings there, as a final complete transcription of the Normandy coast *"before taking possession of the territory of Giverny"*. And for good reason: *"Étretat is to the first Monet what Giverny is to the second"*.

The heritage of the Mediterranean coast

MARSEILLE - MARSEILLE

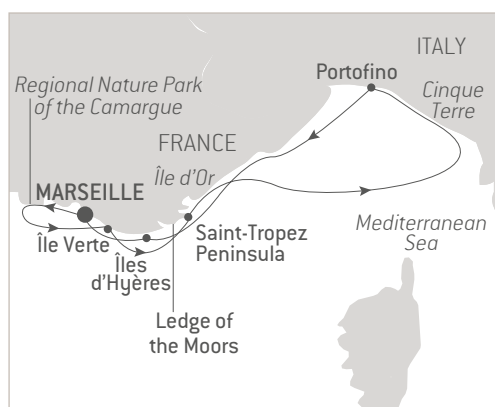
8 days / 7 nights

Aboard *L'Austral* (or another vessel of the Sistership series)

Departures weekly between July and October.

Price from € 2,550 ⁽¹⁾

No single supplement ⁽²⁾



At times the accent there sings as much as the seagulls in the azure sky, there we speak with our hands, we breathe in the iodised scent of the spray, we savour the sun caressing the skin. Departing from our home port of Marseille, this cruise is one of wonder to discover the natural and cultural heritage of the Mediterranean coast.

It all starts at the mouth of the Rhône, in the Camargue. Men pass on thousand-year-old know-how in rice fields and salt pans, in harmony with the Camargue regional natural park, a refuge for 400 species of birds, including the flamingo.

The landscapes follow on, one from another, from the turquoise water filled creeks to the bay of La Ciotat and the cove of Mugel. The peninsula of Saint-Tropez and its Cape Taillat, planted with maritime pines and cork oaks provide the gateway to the Côte d'Azur, followed by the Île d'Or which inspired Hergé's background for Tintin's adventures in the Black Island.

After the Estérel coast and its red rock massifs, new panoramas give a sample of this much sought-after *dolce vita*, with the colourful villages of Cinque Terre and Portofino, in Italy, and finally, the wild beauty of the Îles d'Hyères off the Var coast.

Itinerary given as an indication, the Captain reserves the right to modify it for meteorological or regulatory reasons. The scuba diving activity (level 1 required) must be pre-booked before departure by contacting your travel consultant.



Porquerolles, îles d'Hyères

FOCUS ON... THE CALANQUES, FROM MARSEILLE TO LA CIOTAT

- A succession of sheltered coves, the Calanques range stretches from Marseille to La Ciotat, via Cassis.
- The Calanques National Park was created in 2012. It comprises 8,500 hectares of land and 43,500 hectares of sea. It is the first peri-urban national park in Europe.
- It is home to 140 protected terrestrial animal and plant species, 60 marine heritage species and 5 habitats of community interest, considered rare and fragile in Europe.
- Among the characteristic marine species are the brown grouper, the diadem sea urchin, the red coral, the yellow gorgonian and, further offshore, the bottlenose dolphin, the loggerhead turtle and the fin whale.
- The massif is also the refuge of many sea birds. It is home to 30% of the population of grey puffins and storm petrels in France.



Greater Flamingo - Camargue



TRAVEL COMPANIONS

"Reading is a friendship" said Marcel Proust. And there we create a bond: a fantastical Mediterranean coastline or landscapes scrupulously set down on paper as the backdrop, mixing fiction and nostalgia in the company of extraordinary characters or faithful witnesses.

- **A novel** - To discover the Côte d'Azur during the Roaring Twenties: *Tender is the Night*, Francis Scott Fitzgerald, 1934.
- **A logbook** - To escape between Monaco and Saint-Tropez: *Sur l'eau* (On the water), Guy de Maupassant, 1888.
- **A photo book** - To gasp on the Camargue coast, from Arles to Saintes-Maries-de-la-Mer, with Pablo Picasso or Jean Cocteau: *Lucien Clergue, les premiers albums*, François Hébel and Christian Lacroix, 2015.
- **A report** - To dive into the tumultuous past of the City of Phocaea: *Marseille, porte du Sud*, Albert Londres, 1927.
- **Crime novels** - To conduct an investigation in the heart of Marseille: *the Total Khéops, Chourmo and Solea* trilogy, Jean-Claude Izzo, between 1995 and 1998.

Wild & secret Corsica

NICE - NICE

8 days / 7 nights

Aboard the *Lyrial* (or another vessel of the Sistership series)

Departures weekly between July and October.

Price from € 2,550 ⁽¹⁾

No single supplement ⁽²⁾



It is a region apart. You cannot tame it; it tames the visitor. A region that reveals its power and originality when you get off the beaten track and reach less well known areas. This cruise from Nice presents you with the untamed side of the Île de Beauté.

Its natural sites abound with wonders. The same goes for the tranquil coasts of Macinaggio, north of Cape Corsica, the paradisiacal beaches of the Gulf of Santa Manza, and the impressive cliffs of the Mouths of Bonifacio. Transparent waters and ideal temperatures complete these picture postcard backdrops and tempt you to swim and partake in nautical activities.

In the South, the tormented contours reflect the raw soul of the island. This is evidenced by the Cape of Pertusato - its pierced rock and the caves carved out by the sea after which it is named, meaning "perforated" - or the Cape of Roccapina. Carved ridges and preserved pine forests hide two turquoise bays bordered by white sand and from which the Lion of Roccapina watches, a rocky point climbing to 144 metres. The tip of Parata and the Sanguinaires islands mark the high point of this journey where land and sea merge in a magnificent natural panorama.

Itinerary given as an indication, the Captain reserves the right to modify it for meteorological or regulatory reasons. The scuba diving activity (level 1 required) must be pre-booked before departure by contacting your travel consultant.



FOCUS ON... THE MOUTHS OF BONIFACIO

- In the south of Corsica, overlooking the sea, Bonifacio or "the city of cliffs", is the southernmost city in mainland France.
- Not far away are the Mouths of Bonifacio, an international strait separating the south of the island and Sardinia.
- The Mouths of Bonifacio nature reserve covers 80,000 hectares of sea and land. It is the largest public domain reserve in mainland France. The site contains 37% of the remarkable Mediterranean species.
- This reserve encompasses incomparable landscapes: cliffs, coves, sandy beaches, sea caves, lagoons and large herbaria which are the refuge of a cosmopolitan flora with endemic species and varied fauna. Depending on the season, there are sea turtles, bottlenose dolphins, grey puffins and groupers.





DID YOU KNOW?

Genoese towers

They sit facing the sea along the Corsican coasts. Sometimes whole, always straight and proud like that of La Parata near Ajaccio, sometimes rickety. Often their remains merge with the rocks on which they were built between the 15th and 17th centuries. Of the 120 Genoese towers that existed on the Corsican coast in 1730, today there remains 67, some of which are classified as historic monuments.

At the crossroads of the maritime routes between France, Italy and Sardinia, Corsica of the Republic of Genoa protected itself against the plundering and repeated kidnapping of inhabitants by the Barbary pirates. It employed a simple system. Two to six men recruited from the villagers stood guard ON each tower. At the slightest warning, they sent smoke signals to the other lookouts or sounded the alarm with the bass tone of conch shells. Each tower thus warns the adjacent two, the whole island soon being informed of the danger.

However, the lack of experience and equipment of these soldiers of fortune often led to the desertion of these outposts, their degradation and their abandonment.

While there were many Genoese towers in Corsica, they also sat watch over the coasts of several ancient territories of the Republic of Genoa, as on the islands of Elba and Capraia, Tabarka in Tunisia, and on the Ukrainian shores of the Black Sea, Turkish or Russian.

Sail with peace of mind with PONANT

The safety and health of our passengers and crew has always been a priority. Today, faced with an unprecedented health crisis, we are implementing a reinforced protocol.

THE 3 ANTI-COVID SHIELDS

1

Before boarding: control and strict protocol

All people are checked and subject to the Covid-safe access protocol. All luggage and goods follow the disinfection protocol.

2

Safety procedures on board

All persons on board are subject to the compulsory health protocol (distancing, wearing masks, taking temperature). All areas on board are thoroughly treated to ensure regular disinfection.

3

Daily monitoring and control system

Strict compliance with protocols issued by international health authorities, daily medical surveillance, random sampling of the areas identified as most sensitive to ensure the absence of covid-19...

THE 6 KEY POINTS OF THE PROTOCOL



1 | ON-BOARD
HOSPITALS



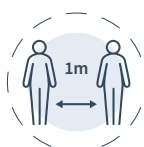
2 | LUGGAGE & GOODS
DISINFECTION



3 | DECONTAMINATION OF
CABINS & COMMON AREAS



4 | AIR CLEANING



5 | APPLICATION OF
DISTANCING MEASURES



6 | COMPLIANCE WITH THE
PROTOCOL DURING LAND VISITS

For more information, go to www.ponant.com/sail-with-confidence

The PONANT example

Top of world ranking of the flags of the Paris MoU (Memorandum of Understanding) in 2013 and 2014, **the French flag is considered to be the safest in the world**. PONANT is the only cruise ship owner to bear it, a guarantee of environmental quality, vessel safety and labour law. The fleet is monitored by the PACA Corse Ship Safety Centre located in Marseille. Safety equipment is checked and approved annually by the French administration and the Bureau Veritas. Each ship is ISM certified (International Safety Management), a very strict international regulation.

(1) Price per person based on double occupancy, port taxes included. The PONANT Bonus rate varies depending on availability on the cruise and can therefore be modified without notice.

(2) Single occupancy supplement on a double cabin waived for a limited number of cabins and according to cabin category. The list of guests, highlights and excursions is not exhaustive.

Wildlife and highlight activities mentioned are possible experiences and cannot be guaranteed. More information in the "General Terms and Conditions" section on www.ponant.com. Photo credits: ©PONANT - François Lefebvre-Philip Plisson. ©Istock: IvonneW, Philippe Paternolli. Non-contractual documents and photos. The photos used in this brochure only represent possible experiences and therefore cannot be guaranteed. Preparation: May 2020. www.ponant.com



Le Soléal in Saint-Malo



PRINTED IN FRANCE



408 avenue du Prado, 13008 Marseille, France | Licence 013060005
www.ponant.com